

Simmer Don' Na'



North Dallas Community

Bible Fellowship

Text: Psalm 46

January 29, 2012

● Our Text... ●

● *...Psalm 46:1-11*

We live in...

- **...a world that does not seem to have a pause button.**



***I believe God wants us to get a
grip and just...***

Simmer Down...

Just simmer down!

Memory Verse

- **Cease *striving* and know that I am God;**

I will be exalted among the *nations*, I will be exalted in the earth.”

(Psalm 46:10 NASB)

King James

- **Be still and know that I am God;**

I will be exalted among the *heathen*, I will be exalted in the earth.”

(Psalm 46:10)

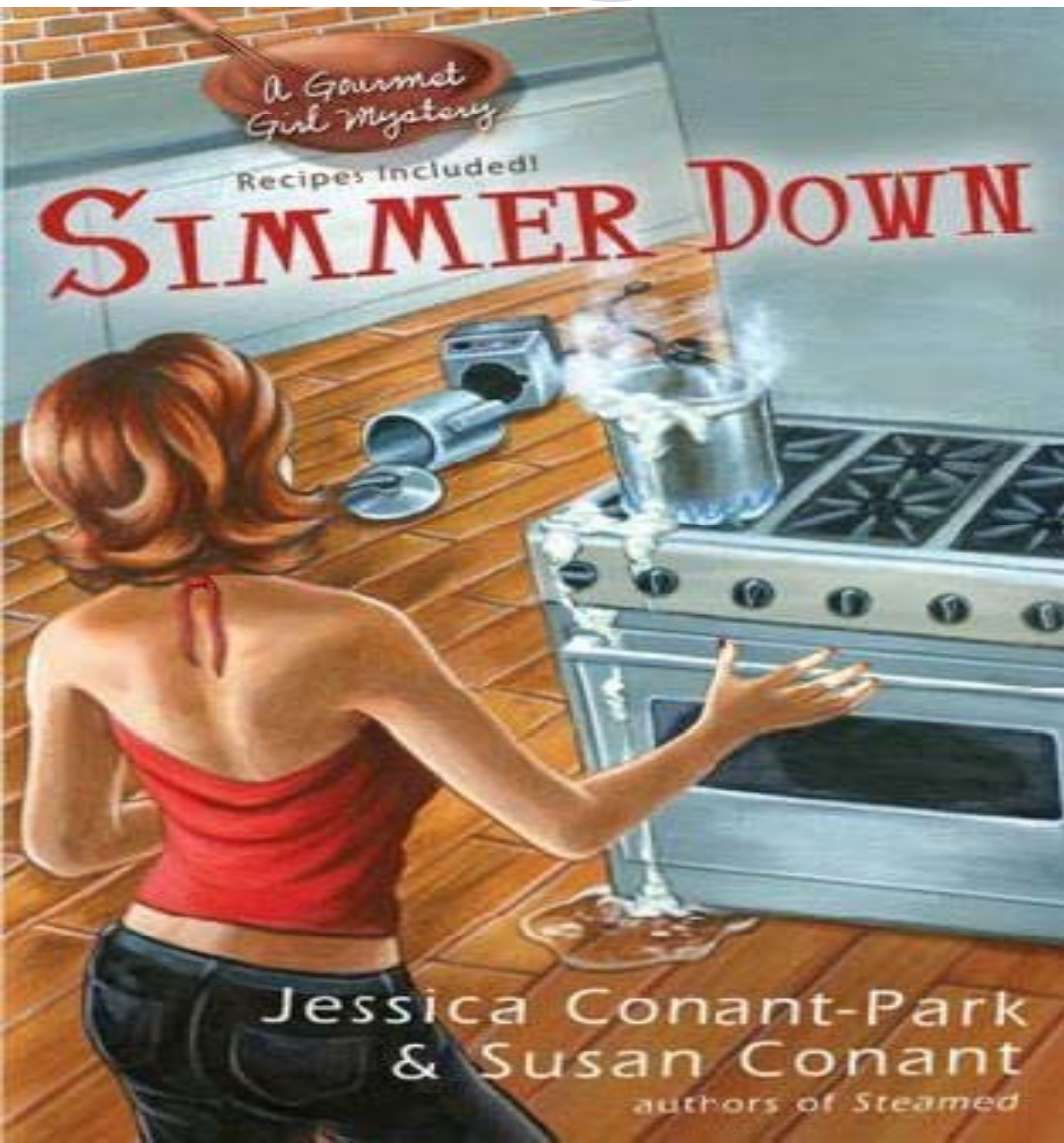
New King James

- **Be still and know that I am God;**

I will be exalted among the nations, I will be exalted in the earth.”

(Psalm 46:10 NKJV)

We need to simmer down...



...because
even though
we can't see
Him, *God is*
always
present (1-3)

We need to learn...

**...to see God with
our eyes of faith**

Psalm 46:1-3,

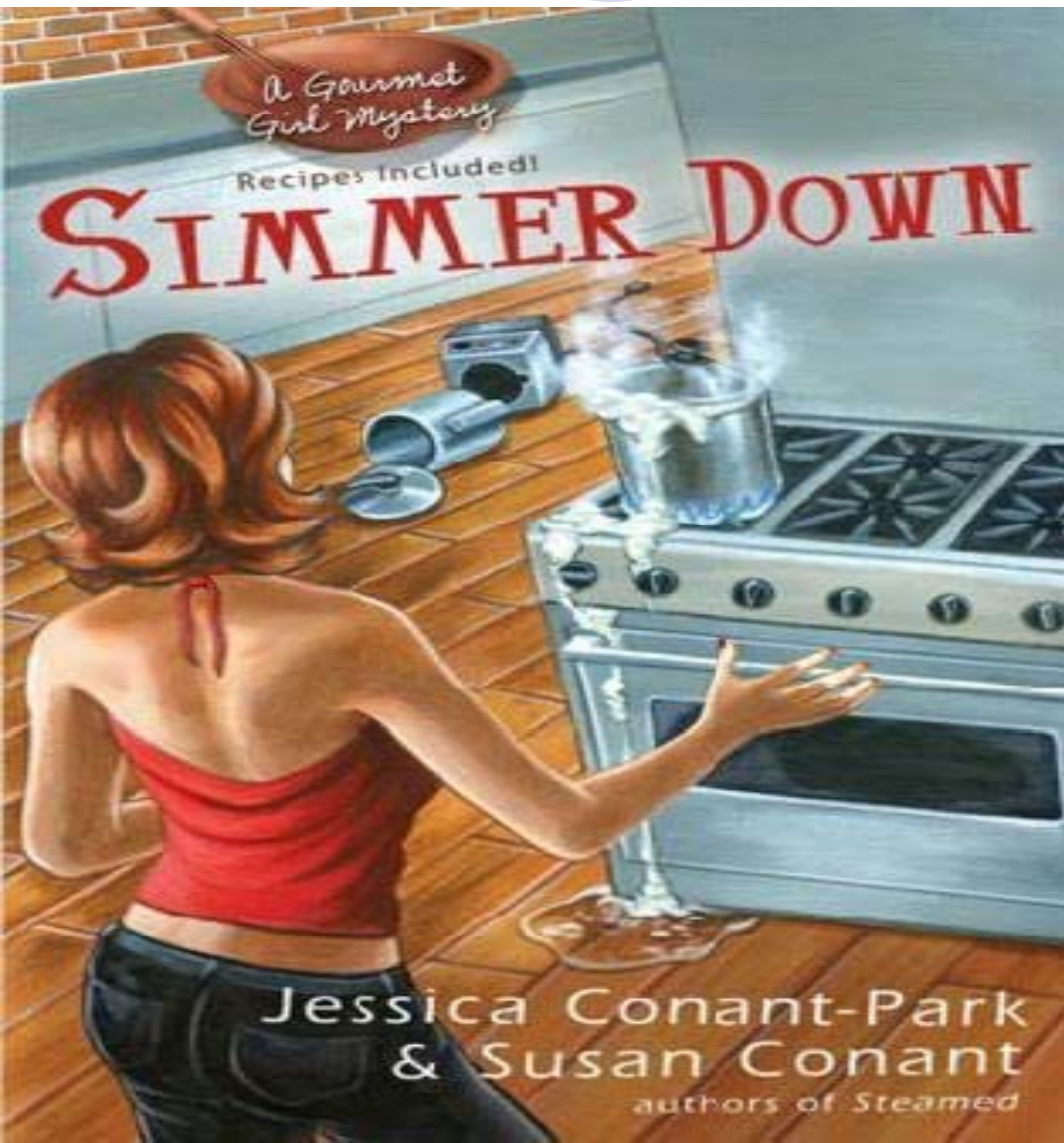
- God is our refuge and strength,
A very *present* help in trouble.
Therefore we will not fear, though the
earth should change
And though the mountains slip into the
heart of the sea;
Though its waters roar *and* foam,
Though the mountains quake at its
swelling pride. *Selah.*

God is present so...

Simmer Down...

Just simmer down!

We need to simmer down...



...because even though we may be afraid, **God is always protecting** (6-9)

The enemy's...

- ...favorite tactic is deception and intimidation but God did not give us a spirit of fear

Psalm 46:6,8-9

- The nations made an uproar, the kingdoms tottered; *He raised His voice, the earth melted.*

- Come, behold the works of the LORD, Who has wrought desolations in the earth.

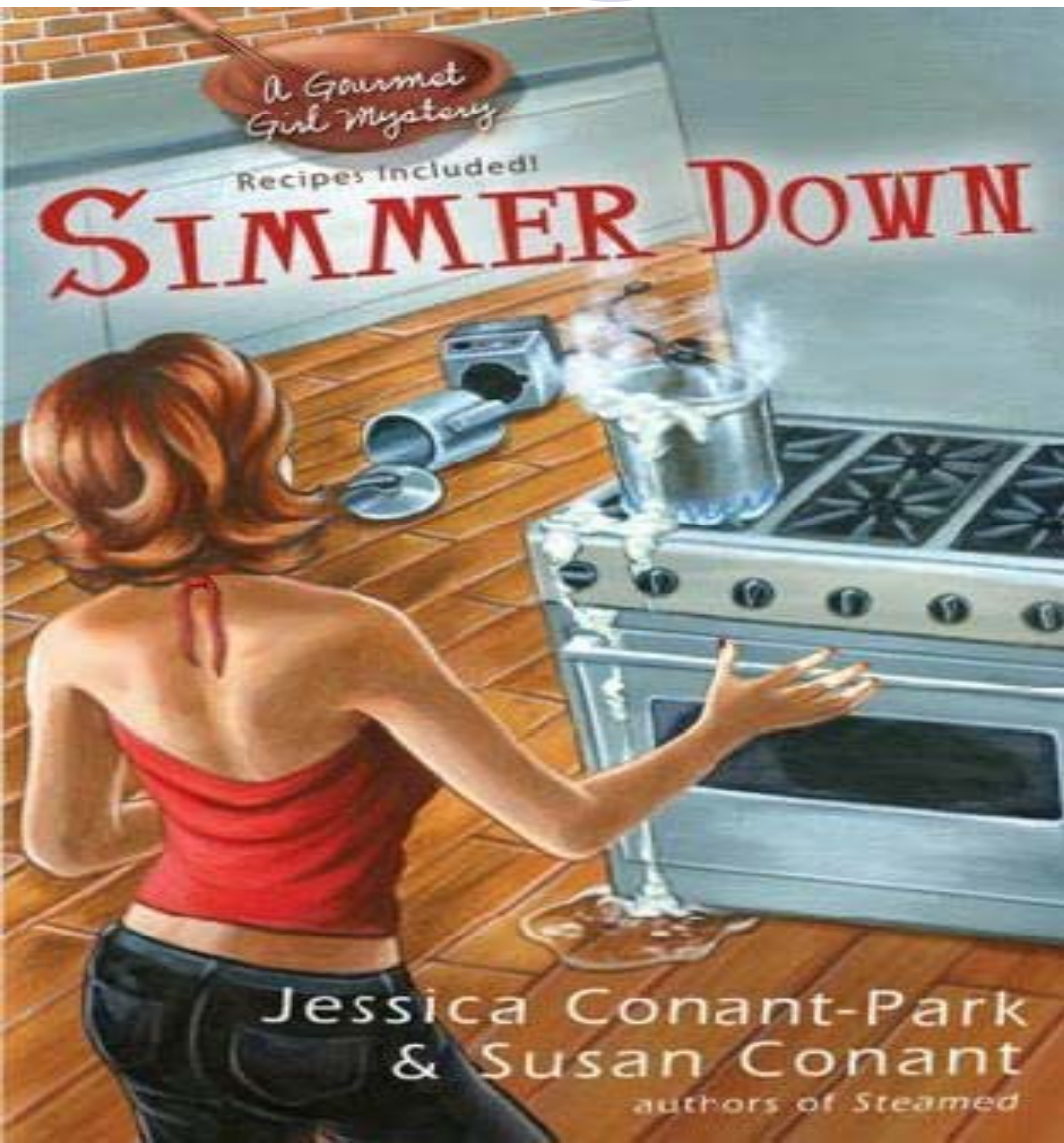
He makes wars to cease to the end of the earth; He breaks the bow and cuts the spear in two; He burns the chariots with fire.

God is protecting so...

Simmer Down...

Just simmer down!

**We need to simmer
down...**



**...because
despite all
the political
posturing,
*God is still
preeminent*
(6-9)**



His Purpose...

- ...I will be exalted among the nations, I will be exalted in the earth.**

Psalm 46:10-11

- **Cease *striving* and know that I am God; I will be exalted among the nations, I will be exalted in the earth.” The LORD of hosts is with us; The God of Jacob is our stronghold. *Selah.***

God is preeminent so...

Simmer Down...

Just simmer down!