



**Series: Uncovering
God's Secrets to
Unspeakable Joy**

Joy in Spite of Anxiety

Text: Phil. 4:4-7

03/09/11



Joy Stealers

- ***Circumstances***
- ***People***
- ***Things***
- ***Anxiety***



Outline

- ***Chapter 1 Summary***
- **The Secret To Having Joy In Spite of Your Circumstances is A Single Mind**



Outline

- ***Chapter 2 Summary***
- **The Secret To Having Joy In Spite of People is A Submissive Mind**



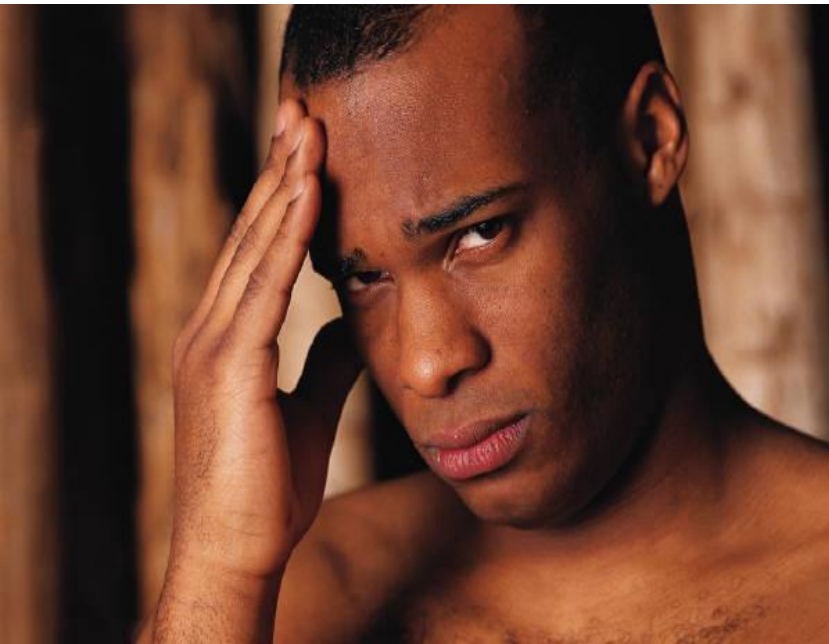
Outline

- ***Chapter 3 Summary***
- **The Secret To Having Joy In Spite of Things is A Spiritual Mind**



Outline

- ***Chapter 4 Summary***
- **The Secret To Having Joy In Spite of *Anxiety* is A *Secure Mind***



Key Question

- ***Why worry when you can worship?***





Statistics

- **60% of our fears are unfounded**
- **20% are in the past**
- **10% are petty**

Douglas Rumford... *Scared to Life*



Observation

- **Worry is addictive**
- **Worry is destructive**
- **Worry is Sin**



Worry vs. Concern

- A person who worries just sees the problem...
- A concerned person solves the problem



George Muller

- **“The *beginning of anxiety is the end of faith, and the *beginning of true faith is the end of anxiety.*”***



D. Martyn Lloyd

Jones

- ***“The essence of worry...is the absence of thought, the failure to think.”***



Oswald Chambers

- ***“Worry is an indication that we think God cannot take care of us.”***

The Problem of Worry

- Worry is when the thoughts in our minds and the feelings in our hearts pull us in different directions

A Secure Mind comes from...



- *...Practicing God's Presence (4-5)*
- *...Praying for God's Peace (4:6-7)*

A Secure Mind comes from...

- ***Proclaiming God's Power (4:13)***
- ***Possessing God's Provision (4:18-19)***

God's Presence



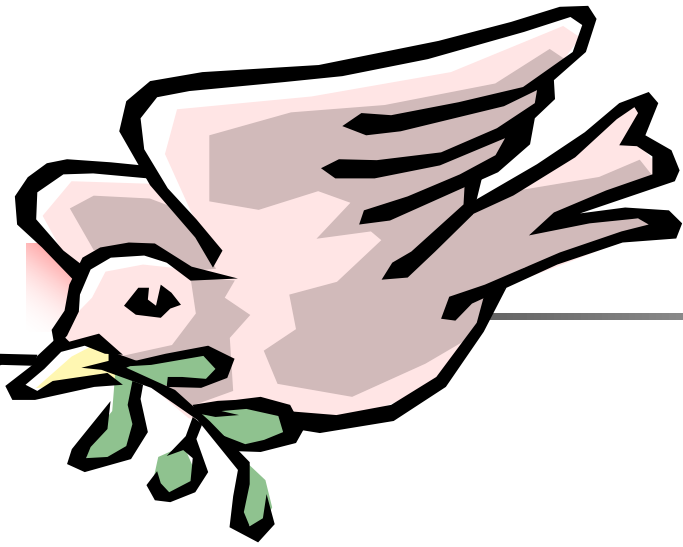


God's Presence

**We must learn to practice
the presence of
Christ...seeing Him in
every life situation and
allowing Him to work His
perfect will in and through
us**

God's Peace

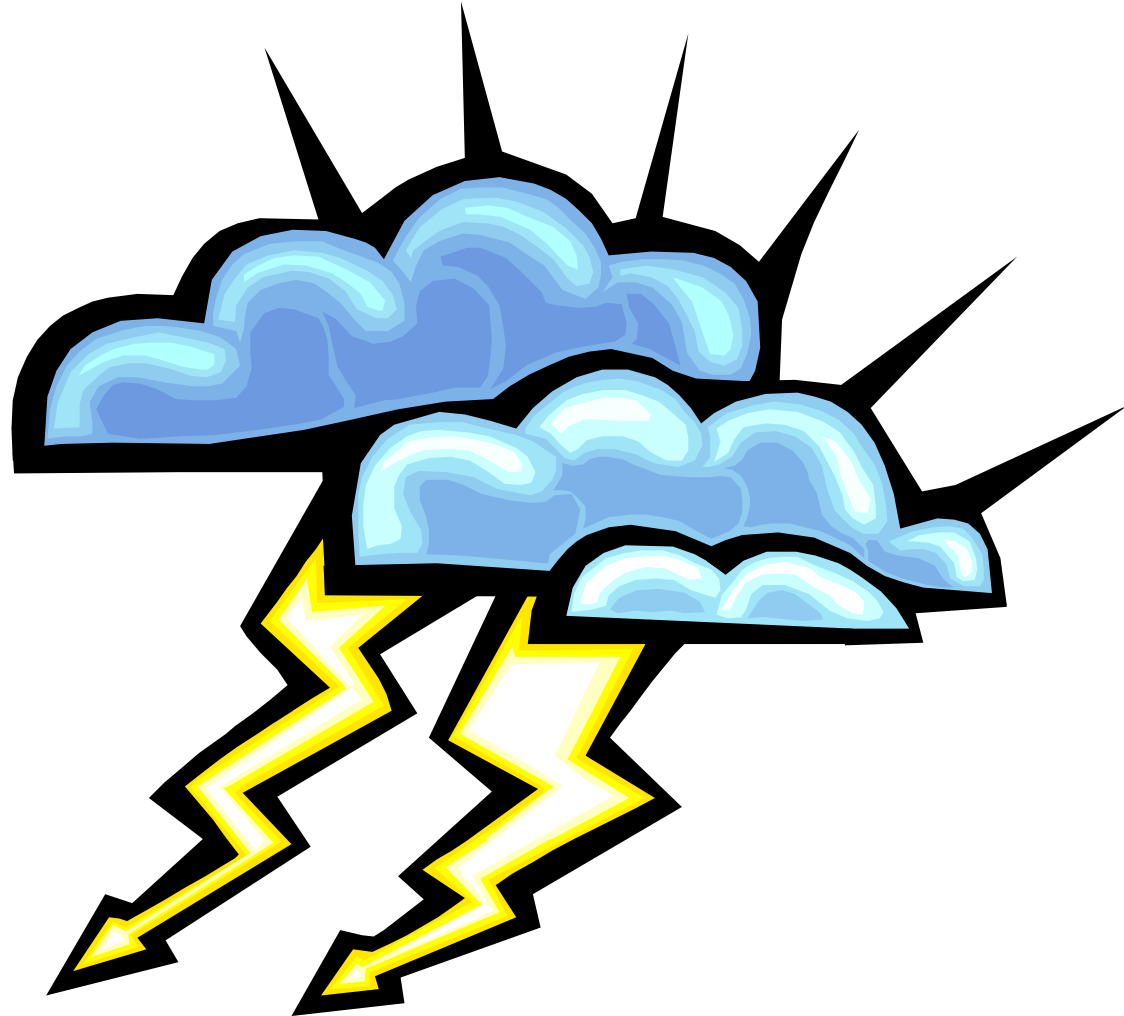




God's Peace results from

- Right praying (4:6)
- Right thinking (4:8)
- Right actions (4:9)

God's Power





God's Power

- God cannot work through us until He has worked in us...
- Through his word, through prayer, through suffering

God's Provision





God's Provision

- God is in control
- God is able to meet every need
- You can work with God or against Him