

Name _____

Cain Kills Abel

Genesis 4:1-16



God wants us to love our families.



Instructions: Set out colored pencils, and have children each draw a picture of their family. Then ask kids what they love about their families. Remind kids that God wants us to love our families. *(For additional instructions, see the Teacher Guide.)*

Daily
Challenge®**This week, your child learned** that

God wants us to love our families. Your child committed to one of the following challenges to show love to your family. Help your child weave faith into life this week and follow through on the challenge!

- 🌀 Help your brother or sister pick up toys.
- 🌀 Ask your mom or dad to help you make a family member's favorite snack.
- 🌀 Draw a picture for someone in your family, and then leave the picture on the person's pillow as a wonderful bedtime surprise.

**Work with your child to make this meal** that ties

in with the Bible story of Cain and Abel. In a large pot, help your child mix a bag of frozen vegetables with one can of tomatoes and one can of water. Heat the ingredients on the stove to make a pot of vegetable stew—but don't season the vegetables! In a separate pot, cover a chuck roast with water and cook it with two cubes of beef bouillon and seasoning until it's tender. After both dishes are done, let your child taste from each pot.

ASK 🌀 **How do the unseasoned vegetables remind you of Cain's offering?**

🌀 **How does the tasty meat remind you of Abel's offering?**

Then cut the meat into small pieces. Add the meat to the vegetables, and add salt and pepper to taste. Simmer the meat stew about 15 minutes, and show love to family members by sharing the tasty stew that you and your child made!

What I Learned Today...

Bible Time: This week's Bible passage (Genesis 4:1-16) tells us that God wants us to love our families. Cain and Abel were Adam and Eve's sons. Cain worked the soil, and Abel worked with the flocks. They both gave an offering to God, but Cain gave only some of the fruits of the soil, and Abel gave the very best from his flocks. Cain was jealous because God favored Abel's offering over his, so he killed Abel. God wants us to love our families, not treat them with jealousy and anger.

Key Verse: Love God with your whole heart (adapted from Deuteronomy 6:5).

**Create a photo center-piece with your child.**

Work together

to find pictures in which family members are showing love for one another. Glue the pictures to a large sheet of construction paper, and then cover it with clear adhesive paper. Talk about the pictures together as a family.

ASK 🌀 **What do you love about the family memories in these pictures?**

🌀 **What can we do this week to create another loving family memory?**

